

# Volunteer Role Profile



Volunteer Role

**Plymouth Autistic Adult Group (PAAG) Leader  
Volunteer**

Volunteer Manager

**Senior Branch Engagement Officer**

Where you will be based

**Community**

## Why we want you

The Plymouth and District Branch of the National Autistic Society provides support to people on the autistic spectrum, their carers and autism professionals in Plymouth and the surrounding area. We are staffed entirely by volunteers with advice and support from the national charity.

The Plymouth and District Branch of the National Autistic Society is currently looking for an autistic volunteer group leader to run our Plymouth Autistic Adult Group.

Social groups are a great way to give people on the autism spectrum an opportunity to improve their confidence, self-esteem and reduce isolation through spending time with others in a group setting and accessing social activities in the community.

## What you will be doing

- Liaising with the branch chair to ensure members are informed when there are support groups meetings coming up (via official branch NAS e-mail, social media or text, for example)
- Advertising the support group (posters, leaflets, etc.)
- Attending the weekly support group sessions, arriving early to set up the room and liaising with Café staff.
- Setting the meeting agenda agreed upon by the whole group
- Leading the support group discussion
- Signposting to other support, professionals, organisations etc
- Welcoming new members
- Liaising with other volunteers to ensure there is a volunteer present for the duration of the meeting
- Accompanying group members in local outings
- Organising speakers to come to the group
- Attending monthly branch committee meetings to give any PAAG updates

## The skills you need

- Knowledge and experience of the autism spectrum is an advantage but not essential as we can provide training
- Patience and understanding of the needs of others



- Approachable and ability to facilitate the group discussion so that everyone feels included
- Confident in taking the lead at introducing themselves and speaking to new people attending the group
- Researching topics related to autism and the groups' interests
- An ability to make new people feel welcome

### **What's in it for you**

- Improve support to autistic people and their families in your local area
- You could build up an understanding of autism by volunteering with autistic people
- This is a rewarding and fulfilling opportunity and will allow you to make a difference to those you are supporting and their families.
- Access free training and learn new skills